MRSI is excited for many events and changes that have been going on recently. Firstly, we are excited about some awesome events our ADS programs have held/attended, including an awesome 80’s Prom and attending the Grand Lake Marathon! It’s not every day that you see clients participating in a marathon let alone having their dreams come true with a prom just their own! This just goes to show there is no limit to what is possible with the right supports! Next, MRSI is proud to announce Janelle Wehrman, LSW as our new CEO. Janelle has been with MRSI for over 17 years and her promotion to CEO from Director of Quality & Staff Development is well deserved! Congratulations to Janelle! With this being said we would like to thank Garry Mosier, our former CEO of over 30 years for his service and dedication to MRSI. Without him we wouldn’t be the company we are or serving the individuals we serve. MRSI is adapting well to these changes and we hope that you all see positive changes with MRSI as well during this transition. A huge thanks to our staff who are the backbone of our company and thank you to our communities that continue to support MRSI!
Happy Birthday to Chris Murray on September 15th!

Happy 50th Birthday to Tracy Prior!

Tracy enjoying his 50th Birthday Party!!

Philip with a BIG catfish this summer! Nice catch!

Ted and Philip enjoyed themselves at the Luke Bryant concert! They are looking forward to future outings!

B E C O M E  A  P H Y S I C A L L Y  A C T I V E  F A M I L Y

Children need at least 60 minutes of physical activity every day. Studies show that kids who are supported by friends and family or surrounded by active people are more likely to be active. Engaging in physical activity as a family can be a fun way to get everyone moving.

Benefits of Activity
Physical activity is an essential part of a healthy lifestyle. It can help prevent chronic diseases, control weight, build muscle, and decrease the risk of obesity.

Active Families
Being active as a family increases opportunities for kids and families to be physically active. Here are some activities you and your family can consider to get started on a path to a healthier lifestyle.

- Give children toys that encourage physical activity, such as balls, kites and jump ropes.
- Encourage children to join a sports team or try a new physical activity.
- Take the stairs instead of the elevator.
- Facilitate a safe walk to and from school several times a week.
- Walk around the block after a meal.
- Find time to spend together doing a fun activity, like family bike day or swim day.
- Make a new house rule: No sitting still during television commercials.
- Issue a family challenge to commit to physical activity five days a week for six weeks.

Other Ways to Get Active
Increasing your family's physical activity is not the only way to help your kids get active. The following are some other ways you can be involved:

- Limit TV time and keep the television out of your child’s bedroom.
- Talk to your children’s principal or write to your district superintendent to incorporate more physical education in schools.
- Encourage schools to hold recess before lunch to increase physical activity before mealtime.
- Volunteer to help with after-school physical activity programs or sports teams.

Source: www.letsmove.gov
The residents and staff at the Wayne Street Group home have been getting out and about despite the constant construction in front of the house! All 8 residents made it up to watch the Lake Fest parade. It’s a rare occurrence to get everyone out at the same time so it was wonderful getting everyone uptown to watch the parade together. Deb and Chris walked up to the Mercer County Fair with staff to enjoy the food and take in the sights. There was a bear show in one of the buildings that the 2 watched. Deb and Jeff went up to Freedom Days on Friday night to enjoy the bands performing. Deb, Chris, and Jeff went to the IC festival to play some games and eat. Nick and Chris participated in the marathon and got to walk with some of their friends that attend the ADS in Mercer and Van Wert counties. A couple of the guys took several bike rides over the summer to get out of the house and enjoy the nice weather. The Harvest Party that WSGH was a success! Thanks to all involved! Summer time has kept WSGH busy!

WSGH is also looking for second and third shift employees. Since the home is short 2 staff the current staff have been superheroes; picking up additional shifts to make sure the home is always staffed. A few staff from Mercer ADS have also helped out and picked up a few shifts to give group home staff a little break. I don’t know how I can possibly thank everyone enough to show my appreciation for their support and dedication to MRSI. WSGH couldn’t run without the help from all of the staff and their hard work definitely does not go unnoticed. MRSI is very fortunate to have such amazing staff that genuinely care about the residents. Even though WSGH would benefit from having 2 more employees, the residents are still getting out and having fun and that’s what we are all about; providing quality support services!

Emily Hoelscher
Area Coordinator
MRSI community individuals have had a busy summer!

Rosella enjoyed spreading some “kindness” for unsuspecting recipients through random inspirational rocks hidden in trees and her favorite pet store in the St. Marys area.

Greg has gone to many movies and went to the Toledo art museum. His favorite trip was going to Jungle Jim’s in Fairfield Ohio. While at Jungle Jim’s, Greg was able to experience different foods from different countries and cultures. Greg also attended the Celina Combined Charities kick-off at Celina football stadium on September 22, 2017.

Miles got a chance to play some old school games at Nickel World and won some prizes! It’s always a joy to see a smile on his face!
The ADS programs have been incredibly busy lately!!! We held the very first Annual ADS Prom which was a huge success!! Seeing in the faces of the clients when they walked in was priceless and a memory we will never forget. The Prom was complete with a DJ, decorations, photographer and more!! Special thanks to: Mike Roth for volunteering to DJ, Jackie Murray at Creative Images Photography for capturing our memories! Thank you to the Ohio City Parks Dept. for donating the use of their building, Ohio City Express for donating pizzas. And most importantly all of my staff for making this day possible. A sincere thank you to all!!

The ADS programs again were able to compete in the Grand Lake Marathon. This event has special meaning to us because we are able to experience something that is HUGE and so many people cheer our individuals on. Watching the clients cross the finish line is something that will take your breath away. Thank you to Ryan King for helping us with this.

We have visited numerous parks, zoos, lakes, and coffee shops over the months!! It is always fun to get out and about in our communities.

We had the pleasure of having the Celina Fire Dept. come and visit the Celina ADS. The Fire Dept. was so much fun! The clients were all very interested in the truck and all the gadgets in the truck. Thank you again for your time.

Both counties have been enjoying trips to local bowling alleys!

Sadly the warm weather is fading however, the Van Wert ADS was able to squeeze in another trip to the Splash Pad! (I think the staff needed to get in the water as well.)

Both counties continue to volunteer in a variety of ways in their communities. Celina has been stuffing envelopes and bags for local nonprofit organizations. Celina is collecting socks for the homeless as well. Van Wert has been helping out at preschools and churches, as well as their favorite the Humane Society!

Van Wert is collecting $5.00 gift cards to various food locations that will be given to the Veterans. Watching our clients pay it forward is only part of the rewarding experiences at the day programs.

Van Wert has recently moved to a new location! It is much bigger and offers much more for when they are in the facility. It is great to see the clients have total control of their days and do what they individually want to do. Thank you to the Van Wert staff and Chris McKinney for making this move possible!

Celina ADS is full!! We have doubled in size and now have a waiting list. We want to continue to offer services to everyone so we have begun looking for a new place to move our Celina program. This is very exciting and we can’t wait to see what we are able to find.

Please continue to follow the adventures and experiences of both counties. Our day programs have highly skilled employees, whose focus is on integration and independence for our clients. If you would like additional information please contact Monica McKinney at 419-586-4709.

Thank you,
Monica McKinney
MRSI Adult Day Services Coordinator
420 S. Sugar St
PO Box 603
Celina, OH 45822

Tel: 419-586-4709
Fax: 419-586-3069
www.mrsinc.org